

Mind Body Medicine

The independent medical practice of Gary G. Kohls, MD



Holistic,
compassionate care...
linking mind, body
and spirit...

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Special interest in the evaluation and non-pharmaceutical treatment of:

Depression, Insomnia, Posttraumatic Stress Disorder (PTSD)
Migraine Headaches, Fibromyalgia, Obesity, ADHD

What to Expect

A 90 minute visit is preferable for the initial evaluation. This includes a thorough assessment of past history and present symptoms. An individualized treatment plan will be provided; avoiding, when possible, the use of costly and potentially toxic prescription drugs. A shorter appointment can be scheduled for less complex problems or acute minor medical problems.

About Insurance

Dr. Kohls is a provider for Medicare, Medical Assistance and most Medica and Minnesota Care plans. Many other insurance companies also cover care by Dr. Kohls. If you do not have insurance that covers your visit, we offer a 15% reduction in cost for payments made the day of service.

Gary G. Kohls, MD
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Duluth, Minnesota